



CATHOLIC PROFESSIONAL NETWORK

Catholic Professional & Business Club
Diocese of Fresno

Established: 1997 Co-Founders Frank and Mary Borges

CP&BC Board

2017-2019

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September 8 – Nancy Hollingsworth

Profiled by Tom Lang

CP&BC members will not want to miss our kick-off breakfast for the new season featuring a topic that is a top issue in our country and for our businesses - health care.

Nancy Hollingsworth, RN, BSN, MSN, MBA, has been Chief Executive Officer and President of Saint Agnes Medical Center since August 8, 2011. She began her tenure at Saint Agnes in the early '80s, working as an Oncology staff nurse from 1982-84, and then as Manager of Patient Resources from 1985-1988.

Wanting to advance her career, she left Fresno to pursue higher education at Vanderbilt University in Nashville, Tennessee, where she earned her Master of Science, Nursing, and her Master of Business Administration. From 2000-2007, Nancy worked as a Senior Manager of Strategy and Operations for Deloitte Consulting in Cincinnati, Ohio. In 2007, she returned to Saint Agnes as Chief Nursing Officer (CNO).

Nancy became Chief Operating Officer in January 2010 and then Interim Chief Executive Officer and Interim President of Saint Agnes Medical Center on February 4, 2011.

While serving as Saint Agnes' interim leader, Nancy earned the respect and admiration of her colleagues, associates, physicians, and donors. Rick O'Connell, Executive Vice President and COO, Hospital Networks, Trinity Health, said, "Her commitment to uphold the highest standards, for herself and those around her, is just one of the many leadership qualities that make Nancy the right choice to guide Saint Agnes Medical Center as it continues to provide the highest quality and compassionate care to the community."



Pope's Worldwide Prayer Network September Intention:

That our parishes, animated by a missionary spirit, may be places where faith is communicated and charity is seen.

What's Inside?

- Did you miss our last meeting?
- Business Person of the Month
- Letter From Bishop Ochoa

- September Prayer
- Upcoming Events
- And More

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Speaker Recap

Kelly Wahlquist

By Norma Williams

June speaker Kelly Wahlquist challenged us to never underestimate our role in salvation history.

Through her ministry, Women in the New Evangelization (WINE) is primarily geared toward empowering women, her principles apply to men as well, since God works through relationships, and all have gifts for doing the will of God, acting out the gospel in daily life and inviting others into those relationships. In the words of Isaiah 65:8, "New wine is found in the cluster."

Unfortunately, Kelly believes, too many Catholics have "evangeliphobia," but the Holy Spirit is a great comforter and will not leave us alone in using our gifts to meet people where they are in life as we perform our "divine duty" (Pope St. John Paul II). People love to hear the stories of others of how, like Mary, our souls magnify the Lord. In so doing, one develops a joyful interior peace. She used the acronym JOY to stress priorities:

- Jesus
- Others
- Yourself

Founded in 2014, WINE strives to start women's parish ministries or to bring life to those already established, allowing groups to work through the Holy Spirit to set paths to fit their needs. Proven Catholic resources support book clubs, conferences, workshops, and retreats. Kelly has stated, "Pure and simple, WINE has a charism of unity" to provide life-changing encounters with Christ.

Kelly's books are "Created to Relate: God's Design for Peace and Joy" and "Walk in Her Sandals: Experiencing Christ's Passion through the Eyes of Women."

Website: womeninthenewevangelization.com



Prayer Research & Submission By Mary Borges



O St. Peregrine, during your lifetime you bravely endured the pain of cancer and turned to Jesus for assistance.

Today you continue to turn to Him on behalf of others stricken with this devastating disease.

We ask for your intercession on their behalf (list names), that they may find strength and God willing, a miraculous healing.

Please also pray that a cure for cancer may be found, to relieve future generations of this great suffering. Amen

Please pray for the repose of the soul of former CP&BC Board Member Marianne Collins King



Business Person of the Month: Tom Lang

In June our Business Person of the Month was long-time CP&BC member Tom Lang, who serves as executive director of the nonprofit 501(c)(3) Aquarius Aquarium Institute, which he and his wife Aletha founded in 2000. Tom explained that, after 37 years in the aquarium business, he and Aletha saw a tremendous need for increasing public awareness about our precious water resources in the central San Joaquin Valley.

Current Institute programs focus on conserving water, protecting our San Joaquin Valley watershed from polluted runoff, and bringing living aquatic animals into our region's classrooms to connect these efforts to our natural world.

The Institute is also the driving force behind the building of the Fresno Aquarium overlooking the San Joaquin River adjacent to Highway 99 that was donated to the Institute in 2006 by Roy and Betty Jura, also long-time members of the CP&BC.

Tom asked everyone to consider making a tax-deductible donation by visiting FresnoAquarium.org.



Upcoming Events

- October 13
- November 10
- December 8

Interested in sponsoring the newsletter?

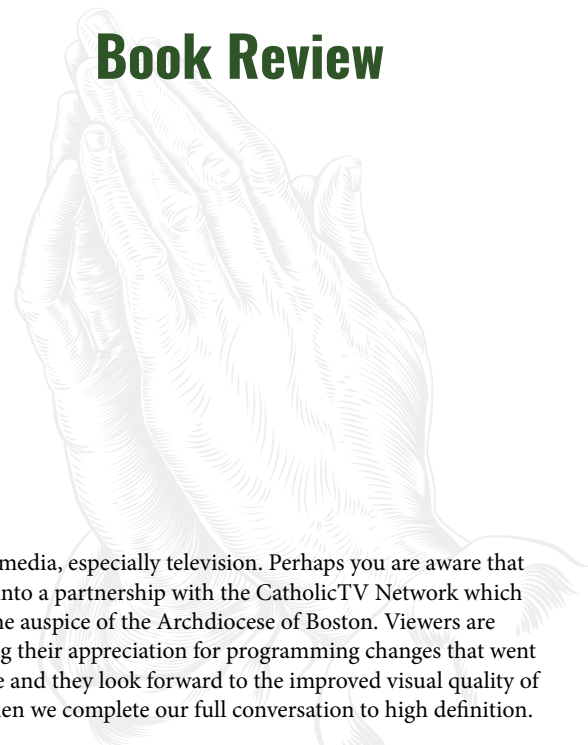
**Contact Denise Correia
vavi@cns4u.com**



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Book Review



July 18, 2017

Catholic Professional and Business Club Members – Fresno

Jeff Lauritzen, President

Email: president@cpbcfresno.org

Dear Catholic Professional and Business Club Members,

With the decrease in the number of priests in the Diocese of Fresno resulting in the increase of responsibilities placed on those who are in active ministry, I realized that developing resources to better support my brothers in their ministry was crucial and long overdue. In response to this great need, I extended an invitation to a group of Catholic therapists to help me address this issue.

Within a few months, this discussion group evolved into my officially recognized Health & Wellness Advisory Committee (HWAC) that produced the Health & Wellness Plan for Priests. This resource serves as a pastoral and practical guide to more effectively address areas of concern.

Recently, the HWAC proposed the addition of a more proactive means of supporting our priests. As a result, they designed a 9 month experimental program that is scheduled to begin this September. The program will address areas of expressed interest, such as: nutrition, weight, exercise, balance, flexibility and core strength. Groups of 8 – 10 priests will be formed to attend sessions scheduled in their local area or they may participate via teleconferencing. They will receive professional presentations on these topics in addition to each having a personal trainer to assist with the exercise component. In between the monthly presentations they will receive a follow up phone call by both the kinesiologist and dietitian to answer questions, provide support, or modify their personal program.

Currently, registration is in progress. The priests will be responsible for the costs not covered by their insurance, an estimated \$1,000 per priest.

I am inviting members of the Catholic Professional Breakfast Club to help us reduce the cost to our priests so that we can increase participation. Should we be successful in our efforts to fully fund this program, any amount received in excess will go into a designated account to fund future programs, events and resources.

Another area of great need and opportunity to support our clergy is by joining us in our efforts to strengthen our Catholic presence through

various forms of media, especially television. Perhaps you are aware that we have entered into a partnership with the CatholicTV Network which operates under the auspice of the Archdiocese of Boston. Viewers are already expressing their appreciation for programming changes that went into effect in June and they look forward to the improved visual quality of our programs when we complete our full conversation to high definition.

All of this forward movement comes with the added cost of improving equipment and upgrading our signal. Due to the FCC mandate, we must move quickly to secure KNXT's future as a tool for the New Evangelization which serves our eight counties with growing opportunities for national exposure. The importance of reaching our multicultural / multilingual populations cannot be overemphasized, and KNXT has the unique potential to do just that. The Church must remain relevant and available in a world in which people are increasingly turning away from the Catholic faith and toward alternative expressions, or toward no faith at all. Through media we can magnify the Gospel message within and beyond the walls of the Church.

Thank you for considering both of these opportunities to support our priests who have devoted their lives to service in our beautiful Diocese that will continue to see a rise in the need for pastoral care. Any donation you can offer towards one or both of these developing ministries will be greatly appreciated. Simply make your donation payable to the Diocese of Fresno and note "Wellness" or "KNXT" on the bottom of your check.

May God continue to bless you and your loved ones and keep you well.

Sincerely in Christ,

Most Reverend Armando X. Ochoa, D.D.
Bishop, Diocese of Fresno

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**CATHOLIC PROFESSIONAL
& BUSINESS CLUB
DIOCESE OF FRESNO**

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ADDRESS SERVICE REQUESTED

CP&BC Membership Dues: Annual dues are \$45 per person. A membership application form is available on our website at www.cpbcfresno.org. The deadline is December 31, 2017 to be included in the upcoming directory. For more information contact John Kanaley at [315-243-6597](tel:315-243-6597).

Reservations: Reservations are required for all breakfast meetings, held at Pardini's, and can be made by calling Lourdes Sanchez at 559-434-2722 or by visiting www.cpbcfresno.org then click on the reservation link. Doors open at 7 a.m. for coffee and networking. The program starts at 7:20 a.m. and concludes at 8:30 a.m. The breakfast cost is \$17 for members and \$22 for non-members. An annual discounted cost of \$120 is available to members that prepay for the year; this is a savings of \$33. Reservations are still required for prepays.

Membership Directory: Ad space starts at \$50. Contact Adolph (Al) Aguila at directory@cpbcfresno.org for more information. December 15, 2017 is the deadline to reserve ad space. December 31, 2017 is the deadline for ad artwork. More directory advertising information is available at www.cpbcfresno.org.

Prayer Network: CP&BC has a "prayer network" to be used for member prayer needs for themselves or loved ones. We have members already signed-up to pray for special needs submitted; however, anyone else is invited to also become part of the prayer network. Sally Lauritzen is the point person to whom requests can be made, and once they are received she will email or phone the network. Contact Sally (salauritz@att.net or [559.439.8378](tel:559.439.8378)) to become part of the network or to submit a prayer request.

Website: Please be sure to visit www.cpbcfresno.org for all the latest information about our club. CP&BC thanks J. Colin Petersen of J - I.T. Outsource for the design and maintenance of the website.

Mission Statement:

As Catholic professional and business men and women, we are called to live our Christian ethics not only on Sundays, but throughout our daily lives at home and at work.

Our goal in the Catholic Professional & Business Club shall be to incorporate and uphold our beliefs in every aspect of our daily lives, and to gather to share with others who seek a more ethical business environment.

Each of us shall strive to achieve a commingling of our ethical obligations and our professional obligations in demonstration of the fact that ethics and business need not be mutually exclusive terms.

Publisher:

Uhuru Network, LLC